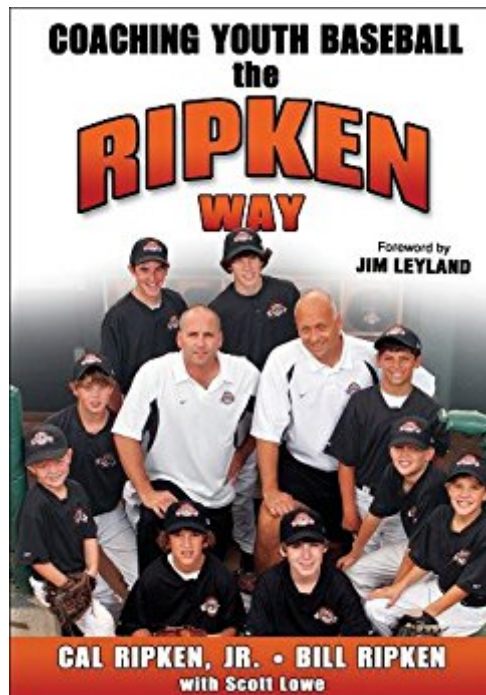


The book was found

Coaching Youth Baseball The Ripken Way



Synopsis

Coaching young players, developing their skills, and cultivating a love for the sport may be the most rewarding experience baseball can offer. Cal and Bill Ripken understand this like few others. From their father, Cal Sr., a legend in the Baltimore Orioles organization for 37 years, they learned to play the game the right way. Those lessons, paired with their combined 33 years of big league experience, helped develop the Ripken Way, a method of teaching the game through simple instruction, solid explanations, encouragement, and a positive atmosphere. In *Coaching Youth Baseball the Ripken Way*, Cal and Bill share this approach to coaching and development. Whether you're teaching your children at home, managing the local travel team, or working with high school-level players, *Coaching Youth Baseball the Ripken Way* will help you make a difference both on and off the field, with these features:

- More than 50 drills covering defense, hitting, pitching, and baserunning
- Age-specific practice plans for players ranging from 4 to 15+
- Strategies for setting goals and reasonable expectations for your players and team
- Advice on communicating with parents, players, and staff
- Methods for creating a positive and fun environment in which kids can learn the skills and strategies of the game

Bill Ripken was once voted by his peers as one of the big league players most likely to become a manager. Cal Ripken, Jr., known as baseball's Iron Man, is a member of the game's All-Century Team and a future Hall of Famer. Together, they are proof positive that the Ripken Way is the right way to teach the game of baseball.

Book Information

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Customer Reviews

Very well written book on coaching baseball for all ages. I read this book to get more informed on how to coach 5-6 year old T-Ball. This book provided a very good framework for this age group.

Many well timed photographs used to describe practice drills. Table of contents

Part 1 Responsibilities of Coaching

2 Realities of Coaching

3 Reasonable Expectations

4 Baseball Practice Basics

Part 5 Hitting and Baserunning Drills

6 Throwing and Pitching Drills

7 Fielding drills

Part 8 Practice Planner

9 Practice Particulars for Ages 4 to 6

10 Practice Particulars for Ages 7 to 9

11 Practice Particulars for Ages 10 to 12

12 Practice Particulars for Ages 13 to 14

13 Practice Particulars for Ages 15+

Favorite parts of the book:

Page 6 As coaches, we need to be able to cater to the needs

of the kid who can't catch one ball and still make baseball fun and exciting for the kid who can. It's a

difficult balance but one that's important to understand at all levels.

We think anyone who coaches young baseball players should read and use this book. One of Cal

and Bill Ripken's biggest goals is to get young players to LOVE THE GAME and have fun! We

originally picked this book because it is written by the Ripkens (and we think Cal Ripken is one of

the best ballplayers of all time!) The book is not just a list of drills but they also take time to discuss

coaching responsibilities and philosophies and reasonable expectations. They include great ideas

for practices and how to run games at the younger levels - we wish this book was required reading

for ALL volunteer youth baseball coaches. Drills included are several for Hitting and Baserunning,

Throwing and Pitching, and Fielding. The best part of the book is the Practice Planner, where they

go over Practice Particulars for each age group (4-6, 7-9, 10-12, etc.) They also tell you what skills

you should be teaching kids at what age level. I was amazed at the "basics" that my 8 year old son

hasn't learned yet. The Ripkens want kids to learn and have fun doing it so they love the game. We

found ourselves agreeing with everything the Ripkens had to say and we will be using the rest of the

spring/summer to "backyard coach" our 5 year old, 8 year old and 10 year old daughter now that

baseball is over for the year - keeping it fun, of course! We would love for our children to go to one

of the Ripkens' baseball camps, but this book will have to suffice.

Great book for all coaches no matter the experience level. Good tips on understanding the mindset of young little leaguers. I especially like how the Ripkens tell you not to expect too much from young

kids and to keep drills to under 15 minutes so kids can focus. Download the sample and you will see how much info they can give you.

I bought this book to help with specific tips for coaching my daughter's softball team. Although softball pitching is not covered (after all, this is a bok on coaching baseball) the book provides a multitude of teaching points for teaching kids of all age groups. Although there is some overlap, I would strongly suggest purchasing Play Baseball the Ripken Way: The Complete Illustrated Guide to the Fundamentals also. That title breaks down the necessary skills by age groups and provides a series of drills that can be brought right to the diamond. Both of these books seek to instill the Ripken Way - a philosophy of how to approach youth sports (with obvious emphasis on baseball) with a focus on making the game fun for the kids, while teaching the fundamentals.

This was a great read; very helpful. Their sensibility in how to get kids excited about the game and make it a positive experience that creates life long fans without hangups about team sports is very inspiring. In addition to the drills and age-appropriate fundamentals, the book helps a coach manage one of the tougher aspects of Little League: the parents. Highly recommended for new Little League coaches. In fact, it should be required reading for anyone involved.

If you are looking for a way to ensure you are teaching the correct skills and at the same time making baseball practice lively, this is the book. The Ripkens are, obviously, well qualified to talk about baseball, but I was surprised at the wisdom, perspective, and pace of the book. First things, as they say, first. This is not a book that you get if you want to be a crazy baseball dad or mom -- this is the book you get if you want to be able to teach and explain the workings of baseball in an interesting way. Can't recommend this book highly enough. I was in something of a rush and bought this book on the Kindle (which I love). Since it is a reference work, however, in retrospect the hard copy might have made more sense. I do a lot of flipping back and forth in the kindle, and bookmarks are okay, but right yet I don't think the Kindle software is nearly as efficient. Still, no gripes or regrets about this purchase -- I might just have to buy the hard copy as well.

I'm new at coaching youth baseball. I bought this book to get a good foundation on coaching techniques. I'm about half way through the book and so far is very good and full of ideas and great techniques to apply during my coaching times.

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Coaching Youth Baseball the Ripken Way Baseball: Baseball Strategies: The Top 100 Best Ways To Improve Your Baseball Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Baseball) Play Baseball the Ripken Way: The Complete Illustrated Guide to the Fundamentals Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series) Coaching Youth Cricket (Coaching Youth Sports) Coaching Youth Wrestling - 3rd Edition (Coaching Youth Sports Series) Coaching Youth Football-3rd Edition (Coaching Youth Sports) Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports) Coaching Youth Tennis - 3rd Edition (Coaching Youth Series) Coaching Youth Gymnastics (Coaching Youth Sports) Coaching Youth Hockey - 2nd Edition (Coaching Youth Sports) A Practical Guide to Coaching Youth Baseball: For Coaches of 7 and 8-year-old Ballplayers (From Coach to Coach Book 3) Survival Guide for Coaching Youth Baseball John T. Reed's Youth Baseball Coaching The Baseball Coaching Bible (The Coaching Bible Series) Survival Guide for Coaching Youth Basketball: Only the Essential Drills, Practice Plans, Plays, and Coaching Tips! Coaching Climbing: A Complete Program for Coaching Youth Climbing for High Performance and Safety (How To Climb Series) Life Coaching: Complete Blueprint to Becoming a Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better leadership, goals, consulting) Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) NLP Coaching: Learn How to Use NLP in Your Coaching and Become a Great Leader (nlp coaching, nlp books, nlp techniques)

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